



Gargunnock Playgroup Snack Rota for Playgroup - Sept - Oct 2016

Parents:

Snack should consist of a carbohydrate type item (eg toast, pancake, pitta, crumpet, breadstick, cracker) and an item of fruit of veg (eg grapes, raisins, apple, banana, tomato, carrot, celery).

Additions are welcome such as cheese cubes or spreads, dips etc.

Please also bring milk to drink (semi skimmed is preferred).

Please see our Snack Guidelines under Useful Information on our website for more details.

Please note we have no supplies in the hall so we need butter if you bring something like toast.

Weeks highlighted in green denote our Woodland Play Sessions - we need the duty parent to stay with us on that session.

As facilities are limited we suggest a simple snack such as a plain biscuit along with a drink of milk or water is perfectly acceptable. (we will provide water, cups and bowls).

Mondays	September				October	
Child	5th	12th	19th	26th	3rd	10th
Andrew						Holiday
Ewan						
Hamish	X					
Innes		X				
Myrtle			X			
Nairn					X	
Rosemary				X		
Zoe						

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THURSDAYS	September					October	
Child	1st	8th	15th	22nd	29th	6th	13th
Andrew	X						Holiday
Hamish		X					
Iona			X				
Molly				X			
Myrtle					X		
Nelleke						X	
Zoe							